

WEEK 3- LUNCH

February 7 - 13, 2022

MONDAY

Grilled Cheese & Ham Sandwich – Served with tomato soup
Raspberry Mousse with Chocolate

TUESDAY

Boneless Chicken Bites – Served with fresh vegetables and dip
Homemade Empire Cookie

WEDNESDAY

B.L.T. – Served on whole wheat toast with onion rings
Fresh Fruit Bowl

THURSDAY

Deluxe Pizza – Topped with pepperoni, mushrooms and bell peppers, served with tossed salad
Chocolate Dipped Pineapple and Whipped Cream

FRIDAY

Dublin Coddle- Irish sausage, bacon, onion and potato hotpot, served with a warm dinner roll
Butterscotch Ripple Ice Cream

SATURDAY

Blueberry Pancakes – Served with maple syrup and breakfast sausage
Mandarin Orange Jello

SUNDAY

Bacon & Scrambled Eggs – Served with toast and sliced oranges
Banana Bread

**ALTERNATE LUNCH CHOICE: SOUP or SALAD & SANDWICH
TURKEY & HAVARTI/EGG SALAD / CHICKEN SALAD
ALTERNATE DESSERT - FRUIT SALAD OR COOKIES**

WEEK 3 - DINNER

PLEASE CALL THE FRONT DESK BEFORE 3:00 PM WITH ALTERNATE SUPPER REQUESTS

MONDAY

Turkey Schnitzel – Breaded turkey topped with cranberry sauce, served with mixed vegetables and mashed potatoes

Apple Strudel

TUESDAY

Fettucine and Chicken Alfredo – Served with toasted garlic bread and Caesar salad

Chocolate Eclair

WEDNESDAY

Butter Chicken – Served with mashed yams and peas

Walnut Bread Pudding

THURSDAY

Chinese Dinner – Sweet and sour chicken balls, egg roll and vegetable fried rice

Lemon Mousse and Fortune Cookie

FRIDAY

Pork Souvlaki – Skewered and marinated pork served with tzatziki sauce, pita bread and steamed broccoli

Cinnamon Bun

SATURDAY

Beef Stir Fry – Served on noodles

Vanilla Strawberry Parfait

SUNDAY

Braised BBQ Pork Ribs – Served with baked potatoes & steamed vegetables

Red Velvet Cake

ALTERNATE SUPPER CHOICES – BEEF POT PIE, CHICKEN or SALMON